

A sanctuary to the senses

Blending the natural healing magic of the untouched Earth and the genuine care of the human touch, Linong Spa creates an extraordinary wellness experience with native cocoons atop the hill.

# Body Massage

## LINONG SIGNATURE TOUCH

Begin your journey with sound healing therapy and experience a sense of calm and deep relaxation. Our signature massage combines slow and soothing gliding strokes that help release tension and discomfort, and improve blood circulation.

90 minutes PHP 3,800 per persor

## TRADITIONAL FILIPINO MASSAGE

Rooted in ancient Filipino practice which involves massaging the skin, this treatment is believed to rejuvenate internal energy, release aches and discomfort and promotes faster healing of muscles.

90 minutes PHP 4,200 per persor

## Body Scrub

#### COCONUT SALT WITH LEMON

This body scrub encourages regeneration of new healthy skin cells and replenish tired and dry skin...It has antibacterial properties thus preventing itchiness. Perfect for bathing suit season.

45 minutes PHP 2,200 per person

## SUGAR AND SPICE

A hydrating body scrub gentle to the skin and will leave you yearning for its breathtaking scent, with your skin smooth all over.

45 minutes PHP 2,800 per person

# Foot Therapy

## **INGHAM FOOT REFLEXOLOGY**

Using the Ingham Method® of Reflexology, this treatment, applies pressure to the reflex points of the feet used, primarily to reduce stress, promote relaxation, and help release body toxins.

60 minutes PHP 1,800 per person
30 minutes PHP 1,200 per person

Prices are inclusive of service charge and other applicable taxes.